

St. Xavier's Sr. Sec. School, Delhi

EXPRESSIONS

XAVIER TIMES E-MAGAZINE

JUNE 2020

Summer Vacations

Environment Day

Father's Day

Music Day

International Yoga Day

Ocean Day

Anne Frank's Birthday





World Environment Day
5th June

Ocean Day
8th June

World Music Day
21st June

International Yoga Day
21st June

Father's Day
21st June

Anne Frank's Birthday
12th June

Summer Vacation

Let's Celebrate June !

The month of June falls on the halfway mark of the year and comes with wonderful specialities. On a cursory look into these specialities, we would surprisingly note that June is credited with the longest daylight hours in the northern hemisphere, while the shortest daylight hours occur in the southern hemisphere. The longest day of the year falls on the earth on June 21st.

The United Nations also earmarked June as a month for celebrating many special days. The World Environment Day, Ocean Day, World Music Day, International Yoga Day and Father's Day. From the above commemorative feasts, it can be seen that the International Organizations give importance to different problems being faced by the world population.

June is the month of enjoyment for the student population. This peak summerly month is vacation time for students to enjoy their full leisurely life. However, the unbearable, scorching heat of summer urges children to engage in indoor recreational activities. The creative minds of children are focussed on myriad activities which helps display and hone their talents.

In this edition, we will be throwing some light on the various events celebrated this month and how Xaverian's have crafted some thoughtful insights during their time spent this summer at home.

MOTHER NATURE

BY SAMARA GABRIEL, 9 F

She couldn't breathe.
The smoke was curling within
her lungs
Choking and disfiguring her
The oil running in her veins
horrified her
Why was she being ruined like
this?
Her blood turning black from
waste
Her breath unable to sustain
anything
The greenery that used to
cover her
Shorn because of bad taste
Leaving her bare, naked and
exposed
Oh why?
Why did her creations do this?
They killed their brothers and
sisters,
Hunted them for sport,
They poisoned her,
Took her breath away,
Took away all she created,
Turned it into waste.
All the beauty she had before,
taken from her by her own
creations
Simply to feed the ego of
their leader.
But, she will rise again
And now she's learnt her
lesson,
She would never again create
humans.
Because humans?
They only thought about themselves.



They only thought about themselves.



BY VARDA JINDAL, 8 D

WORLD ENVIRONMENT DAY

Every year, on 5th June 2020, we celebrate "The World Environment Day". It was started in 1972. It is a very special day and we all should celebrate this day together. We should try to understand the importance and the beauty of nature. It gives us so many useful things such as the most important thing that we all know that is oxygen to breathe, food to eat, shelter for small animals, medicines to cure when we are sick etc. and we humans just try to destroy its beauty. Destroying it will affect our lives.

So let us join together and save this most important thing "trees". It's really easy, plant as many plants as you can, grow them with love and care and one day your hard work will be in front of you. "Save trees, save lives".

BY KHYATI, 8A

WORLD ENVIRONMENT DAY

BY GARVITA SATI, 9D

The environment means everything around a living being. It comprises the set of natural, social, and cultural values existing in a place and at a particular time, that influences the life of the human being and in the generations to come. Every year, World Environment Day is celebrated on 5th June to spread awareness about the impact of pollution on nature and to motivate the global community to protect mother Earth. The World Environment Day was established in 1972 by the United Nations General Assembly. Two years later, in 1974 the world's first Environment Day was celebrated with the theme "Only One Earth". The main objective of this campaign set by the United Nations was to give people the real face of environmental issues and permit them to become active agents of eco-friendly development all over the world.

It is to promote people to change their attitude towards the environment for making a safe future. Since its inception in 1974, the initiative has become more widespread over these years. Now, about 100 countries celebrate World Environment Day. There are various types of environmental pollution. However, air and water pollution hit us the worst. Global warming, contamination of the food chain, and a series of diseases and conditions are the most prominent consequences of these two types of pollution. So, we need to protect the environment to save our own lives. World Environment Day is celebrated to send this message across.

Every year, one country hosts the official celebration of this day. The official celebration highlights some specific problems and urges global leaders to take action accordingly. Cleaning the environment reduces pollution, protects unique ecosystems, prevents the extinction of endangered species, and conserves resources, such as water, land, and air. A clean environment ensures the protection of biodiversity and ecosystems upon which human life and all other life on Earth depends. Some of the greatest threats facing the planet are climate change and global warming. In recent years, Earth's average temperature has increased.

Climate and weather changes, such as heavy rainfalls, resulting in heavy floods, severe heat waves, drought, melting ice caps, and rising sea levels, have accompanied these rising temperatures. Other factors that negatively impact the environment include toxic emissions and the pollution of water, land, and air. Pollutants also adversely affect human health, causing health conditions and diseases such as, heart disease, cancer, cystic fibrosis, and respiratory tract infections and eye irritation. Pollutants have led to increased mortality rates.

To maintain a clean environment, people need to reduce the use of toxic materials, conserve water and energy, dispose off garbage properly, recycle waste products, purchase recycled products, invest in green energy and drive fuel-efficient cars with reduced carbon dioxide emissions.

The celebration of World Environment Day takes place in India through various activities, especially in schools and colleges. Teachers plan some effective programs to generate awareness among students through essay writing, speech recitation, topic discussion, slide shows, quiz competition, banners display, workshops on a particular theme, painting competitions, lectures on related topics, theme-based demonstration, film shows, quotes writing, slogans writing, etc. Students are encouraged for positive actions regarding the protection of our environment.

Other than the celebration of the world environment day by the host city, it is individually celebrated by the countries in their states, cities, hometowns, schools, colleges, public places, etc with parades, clean-up activities, concerts, recycling initiatives, tree plantation, including all kinds of green actions to motivate and inspire people towards the bad condition of this beautiful planet. It is an initiative to work together for taking some positive actions to maintain the beauty of the planet. We should keep in mind all the objectives of this campaign all around the year and convert them into actions accordingly in the form of beautifying the surrounding areas through plantation and cleanliness, saving water, less use of electricity, using organic and local foods, saving wildlife, and so many. We have only one planet to live on, it is our home and only we are responsible to maintain its natural beauty forever.



BY ANUSHKA NAIN, 8C

IN DEARTH OF HUMANITY

BY KRITI LOHIA, 8A

Recently, a news came about that broke me from inside, forcing me to think that are we really human? Who gave us the right to destroy or in any way harm this nature, our environment that gave us everything for our survival?

One pregnant elephant was roaming in the streets of Kerala, she was hungry and someone offered her a pineapple to eat which contained crackers. The elephant must have thought it to be an ordinary pineapple and she ate it. It broke her jaw and she ran to drink water in a river. She was agonized in pain for three days but no one was there to help her. Finally she and the child in her womb passed away. They died not because of any natural phenomena but they were actually murdered. I felt so sorry and sympathetic for her but I couldn't do anything. Why are people turning out to be devils? RIP HUMANITY!

I think nowadays humans are much more wild than the animals, who can't even speak or express their emotions. God gave us power to use our brain. The government of Kerala should take strict action against the guilty and punish them for this heinous crime. Government can bring some new ideas so that animals won't be able to eat crops. For example, to play drums around the fields, so that the animals feel scared and run away. I pray that this may not be repeated. This incident taught us to behave responsibly. It's time to wake up. Be kind to each and every creature living on this earth irrespective of the fact that whether it is a plant or an animal. This is how we can save our environment because all the creatures present on the earth have equal right to live on this mother earth.

"LIVE AND LET OTHERS LIVE."

THE DYING ELEPHANT- RIP HUMANITY

BY KANISHKA JAIN, 10 C



How can I tell my story???
 Someone has broken my heart of hope ,
 I BURNED in the fire of hatred,
 I don't know, how to handle
 how to cope.....

How can I tell my story ???
 How can something like this happen ?
 Is this humanity ?
 Literally my heart is shattered and broken ,
 I thought everything was fine,
 Every human is caring and kind,
 But this was the biggest mistake of mine.

How can I tell my story ???
 I was agonising in pain,
 It cannot be an act of human,
 It is an act of insane.
 Can't you listen to the voice of
 Little soul who cried
 I did everything to save my child
 I tried,I tried
 We believed you,you betrayed us
 WHY? HUMAN WHY?

How can I tell my story???
 If something like rebirth, exists
 I pray to God,I pray to the Almighty
 I don't want to be human,
 I don't want this humanity,
 And this kind of lunatic society.



CLIMATE CHANGE

BY VEDANT BHARDWAJ, 8 D

In the middle of the night, I went out,
To see the stars twinkling, I am nuts
about.

Looking at the sky, I started to doubt,
That anybody in an urban area
Could see Orion in the sky out.

A thing called pollution is looming over
me,
Trying to suffocate me like Nova gas in
Call of Duty.
Deep down, everybody has had enough
But nobody does anything about it, they
just cough.

Talking about the system, they don't give
a damn.
It's becoming a punch in the face,
becoming a slam.
They say that they are thinking about it,
But they don't care about it a bit.
I wish that I can interfere in their ways,
But all I can do is sit and wait.

It's our fault too,
I am talking about Diwali, what on
that day we do.
We can't just stop bursting crackers
and bombs,
It makes me think about babies in
their mother's wombs.

Children these days barely have seen
a clear sky,
They're going to accuse adults and
you know why.
Polar bear's homes are sinking
And that isn't a lie.

I just want to request you to reduce it,
Just think twice, when unnecessarily
having a fire lit.
Just please try to stop it all..
Stop it please before it costs us all.

WORLD ENVIRONMENT DAY



BY SAARTHAK SINGH, 12 D

What a natural delight, what a beautiful wonder
Oh mankind! If everyone of us safeguard nature
Remember! plants, air, water, mother earth, and
Living beings are all interdependent on each
other,

Disturbing them is like inviting our self imposed
ruin.

Earth is peeled off, of its natural resources in full
Negligent human attitude has become
unimaginable;

Violent earthquakes and the devastating storms,
Invading human habitats has but become
common .

Roaring for explorations to invent high tech
gadgets

Oh mankind! atmosphere has become highly
polluted:

Moment after moment nature behaving
erratically

Endangering all living species across the whole
world:

No way to escape now, except to save our
environment

Totally, yes we are at the mercy of nature.
remember!

Dear humans! plant more trees for environmental
peace,

And desist from using deadly pesticides and
deadly material

Yes, duty bound: let us join hands to
SAVE OUR PLANET EARTH

BY ISHANK MITTAL , 11 F



ENVIRONMENT DAY

BY UNNATI SAMAIYAR, 12 B



The sands of time have rendered fear
 Blue sky on high no longer clear
 Stars were bright when they came
 Now dimmed, obscured, pollution's haze.

Crystal clear our water gleamed
 Fish abundant, rivers streamed
 Once floors sandy white
 Now littered, brown, pollution's plight.

Trees towered high above
 Trunks baring professed love
 Birds chirping from sites unseen
 Gone, paper joined pollution's team.

One can't blame pollution alone
 As they say, you reap what you've sown
 So let us plant a better seed
 Tear out old roots and weed

Protect what has been given for free
 Our waters, skies, wildlife and trees
 For once they're gone, don't you say



Consider yourself warned of that fatal day...

नया सवेरा

मृणालिनी सिंह, 10 E

आज मानो हुआ है,
नया सवेरा

धरती ने ली अंगड़ाई,
धीरे से फिर आंखें खोली।
प्यार से उसने मुझ को देखा,
मानो नींद से उठी हो बरसों बाद।

फिर धीरे से बोली मुझ को,
"ए दोस्त" आज नया सवेरा हो गया है,
जुर्म की सदियां बीत गई है।

यह नदी पहाड़ और जंगल,
बस एक ही बात है कहते
"ए मानव
बंद कर दे यह बर्बादी।"

अब देखो,
क्या से क्या हो गया है?
खुद अपने बनाए जाल में,
खुद मानव ही कैद हो गया है।

आज आसमान भी कुछ,
और नीला हो गया है।
पानी भी मानो,
और धवल हो गया है।

आज फिर,
वाहनों के शोर की जगह,
हर तरफ़,
पंछियों की चहचहाहट बिखरी है।

और हवा भी कहती है.
सर-सर कानों में।
"ए मानव आजा हमारे साथ.
भूल कर सब कुछ।"

**आज फिर नया सवेरा हो गया है।
आज फिर नया सवेरा हो गया है।**



POWER AND BEAUTY OF OCEANS

BY PRAGATI DEEP, 12 A

The Ocean roars like a Lion.
 It's crashing waves
 can bring sailors to their knees.
 The stormy seas are dark as coal
 letting the people believe
 they forget their goal.
 I like the small largeness
 of the Ocean,
 the vastness of the
 dwarfs.
 It's in the Ocean you find true
 beauty.
 The Ocean is where you find
 mystery.

Where worlds hide in the deep,
 Where things live, die and sleep.
 The Ocean is where people go to
 ponder.

In the Ocean I often wander.
 The Ocean has a secret,
 WAIT, AND YOU'LL FEEL IT.



WORLD OCEAN DAY

BY JOBITTA SHAJI, 10C

When we think of public health risks, we may not think of the ocean. Increasingly, however, the health of the ocean is intimately tied to our health. Some may be surprised to read that organisms discovered at extreme depths are used to speed up the detection of Covid-19 and probably even more to learn that it is the environment that could give a solution to humankind.

This is one of the multiple reasons why we should celebrate World Oceans Day: to remind everyone of the major role the oceans have in everyday life. They are the lungs of our planet, providing most of the oxygen we breathe. The purpose of the Day is to inform the public of the impact of human actions on the ocean, develop a worldwide movement of citizens for the ocean, and mobilize and unite the world's population on a project for the sustainable management of the world's oceans. They are a major source of food and medicine and a critical part of the biosphere. In the end, it is a day to celebrate together the beauty, the wealth and the promise of the ocean.

The programming of the day and subsequent events taking place throughout World Ocean Week (week of 8 June 2020) will explore innovations across categories including technology, systems infrastructure, resource management, consumer products, finance and scientific exploration – and will outline how these innovations can be applied, their potential impact, and the resources needed to transform them into long-lasting solutions.

OCEAN

"I have always been fascinated by the ocean, to dip a limb beneath its surface and know that I am touching eternity, that it goes on forever until it begins here again". Lauren De Stefano

Ocean is a very large expansion of the sea. There are five oceans in the world. The deepest part of the ocean is 7 miles in the Mariana Trench in the Pacific, which is enough to hold Mount Everest with four freedom towers on top of each other. The ocean is divided into five zones depending on how much light reaches through the water - the Sunlight zone, the Twilight zone, the Midnight zone, the Abyss and the Hadal zone. Each layer has its different habitat, as far as the Sahara is to the Arctic Tundra. Every ocean layer has its own unique temperature, visibility and salinity, which is the amount of salt in the water. Fish and other sea creatures have only learned to float in their own layer, if a fish was in the wrong layer, it could actually drown. A fun fact about the ocean is that we know more about outer space than the Hadal zone.

This is because we cannot look at it using a telescope or instruments, the water blocks the satellite imaging and radio waves, plus the pressure down there is 1000 times stronger than it is on the surface, that's enough to crush a submarine like a can of soda. The Ocean was formed between 3.8 and 4.4 billion years ago. Water in the form of vapor and gas escaped from the molten rocks and volcanoes that formed the earth. Once the earth cooled, it rained for centuries, filling up the basins formed by the volcanoes, and these basins of water eventually became oceans.

Oceans are very important, besides providing half the oxygen there is in the atmosphere, they feed almost half the planet and nearly everything that keeps you clothed, informed and entertained is transported by the ocean. If there were no oceans, we wouldn't have had the gift of life and earth would have been similar to the other planets in the solar system that is it would be with no life. We should be thankful for it.

BY RIDHI RAJOR, 8B



THE OCEAN

BY JUNAKI DUTTA, 12 A

Ocean, serenely brutal, primordial and
 limitless,
 Quiet on the outside, carefully
 sustaining its mess,
 Its aura perilous and relentless.
 There seems to be no end to this deep
 blue mysterious being,
 Very less meets the eye,
 If you are simply 'seeing'.
 Hiding the unknown,
 Hiding the untamed,
 Hiding the wild,
 It contains dark secrets, many myths
 and treasures
 In its vast bottomless stomach,
 Often remains tempestuously calm,
 Sometimes wreaking major havoc.
 Still, still every inch of it is
 inspirational,
 The way it harbors life is sensational.

Constantly nurturing a plethora of
 souls is in itself devotional,
 The ocean is a mighty creation, a
 storm in itself, highly unshakeable,
 It is a gift to all mankind, its position
 irreplaceable,
 The ocean protects and creates life, its
 need escapable,
 Because,
 The ocean is dynamic, infinite and
 phenomenal,
 Yes, the ocean is dynamic, infinite and
 phenomenal.

MUSIC

BY SAMARA GABRIEL, 9 F



There's something so spiritual about it,
 The way it touches your soul.
 Makes you cry, sometimes from joy.
 Some of us never experience it,
 And I feel a fathomless sorrow for them.

It seems like such a curse,
 To never be able to hear music.
 Because music isn't just songs,
 No, it's so much more than that.
 It's hearing the birds chirp in the morn'.
 It's the low pitter patter of rain against a pane.
 It's the moment when you hear someone you
 love.

It's more than just sounds strung together,
 It's the feeling of joy, of pain and of love.
 It's sitting at a table and yearning for
 someone,

Anyone, but not really anyone.
 And then hearing them, the one.
 It's the startled laughter of a love,
 Not necessarily a romantic one.

Never doubt music,
 Because it lives all around us,
 In the very air we breathe in,
 And deep within us.
 It lives in our heartbeats,
 Slow and steady.
 It lives in the lift of our chest,
 Ever ready to remain steady.
 It lives in the snatch of breath,
 In a startled gasp,
 It lives everywhere,
 Not always wanting visibility.



BY DELWIYA ROY, 11A

THE GIFT OF MUSIC

BY VARDA JINDAL, 8-D

Once upon a time, there lived a humble girl named Viola belonging to a wealthy family. She had everything except for the one she longed the most—Music. She loved listening to music and wanted to learn it. She always agreed to Plato's thought which says, "Music gives a soul to the universe, wings to the mind, flight to the imagination and life to everything." But, Viola's parents were against her. They didn't want her to take music as her career as they thought it would not fetch much money.

One day, one of her parents' friends visited them. Viola's parents were surprised to see that their childhood friend who was tongue-tied, had now become a renowned musician. His solo concerts fetched him millions! Viola's parents felt repentant on seeing the truth. You know, truth seems to be bitter. They realized that no profession is inferior to others. Everything has its own specialty and significance. Thus, they gifted Viola a musical instrument on her birthday and allowed her to do anything that her heart desired. She had her dream come true. They also started celebrating the WORLD MUSIC DAY every year on 21st of June with great pomp and show to spread the far-reaching significance of Music.



संगीत

संगीत यह कहलाता है,
तनाव यह हटाता है।
कभी तो यह सोचकर देखो,
कि किस प्रकार यह हर त्यौहार में चला आता है।

हर कोई संगीत के लिए एक दिन मनाता है,
जिससे 'वर्ल्ड म्यूज़िक डे' कहा जाता है।
लोगों को अच्छा महसूस कराता है,
अपनी छाप सबके दिलों में छोड़ जाता है।

किसी की आँखों में आँसू ले आता है,
तो किसी को हौंसला दे जाता है।

किसी को अपने -आप में ही ढाल लेता है,
और वह 'संगीतकार' कहलाता है।

संगीत को दिल से अपनाओ,
आगे बढ़कर अपना लक्ष्य पाओ।

संगीत में ढलना सीखो,
अपने -आप को बदलना सिखो।

सबके दिलों में राज कर लेता है,
अपने प्रति सबके मन में अनेक भावनाएँ भर
देता है।

सबके दिलों में यह रह जाता है,
इसीलिए 'संगीत' कहलाता है।

- 'कृति खन्ना', 9 - फ

WORLD MUSIC DAY

BY SANIDHYA SINGH, 8 C

**"ONE GOOD THING ABOUT MUSIC,
WHEN IT HITS YOU, YOU FEEL NO PAIN."**

-Navya, 8 B

Music is a part of everyone's life . Music is a pleasant sound which is a combination of melody and harmony . It is an art and a way of expressing and illustrating our views and feelings . It is the best and easiest way to reach god .

World Music Day is celebrated on 21st June every year all over the world . It was started in France in 1982 by the French Minister for culture Jack Lang to honour the professional musicians of the world . In France, World Music Day is known as Fete de la Musique meaning 'festival of music.' On this day, musicians perform in parks, museums, train stations, castles etc.

This day is celebrated to promote peace and spread goodwill through music. Now it is celebrated in 120 countries.

Music also helps to get rid of some diseases . We can listen to music when we are tired , sad or depressed as music brings positive energy in our body. Research has proved that music also helps in blood circulation.





MUSIC



I was devastated and heartbroken
 All my feelings were unspoken
 Noone was there to hold my hand
 I was no more on the land
 My life was a disaster
 I just wanted everything to end faster

But the sound I heard embraced me
 My imprisoned life found a key
 It touched by mind
 Although it was of an untouchable kind
 I was soothed by the mesmerising melody
 Music was my remedy.

BY SHIVANGI, 10 F



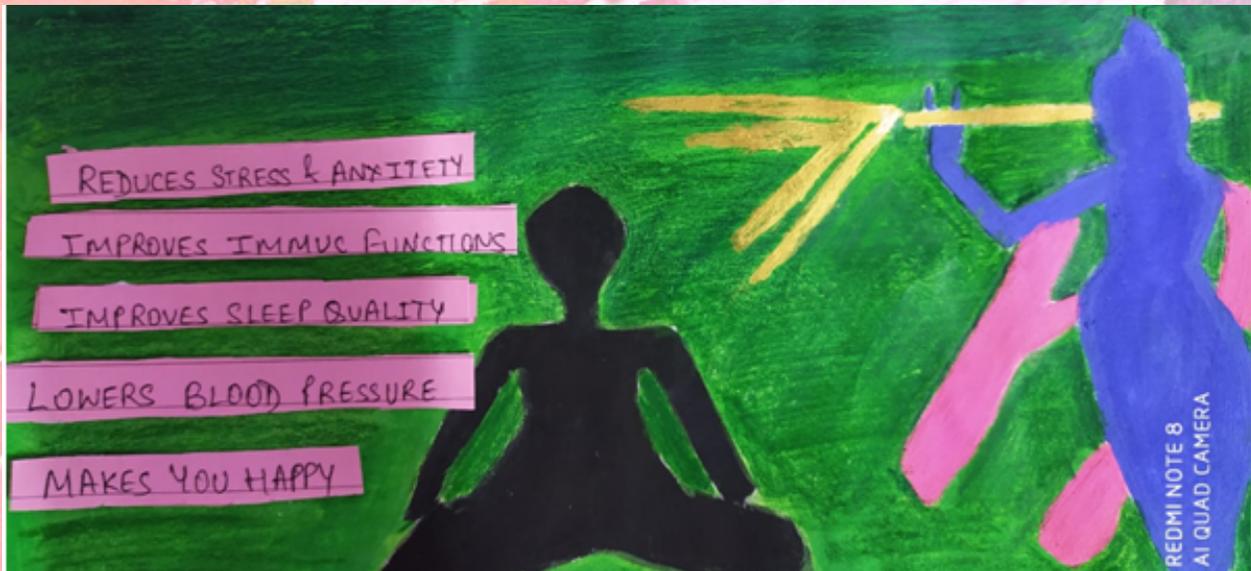
The strings, the bass, the goal-
 The goal of the living being,
 But the comfort matters to me,
 'The comfort' to my soul.

The strumming on those strings,
 The kick on that bass,
 The beats kept me alive,
 Music is the 'heart' in my case.

BY ROCHELLE JOHN, 10 D

BUDDING ARTISTS

BY HARSHITA MITTAL, 9A



BY TANU JOHRI, 11E

BUDDING ARTISTS



BY SHRUTI SHRIVASTAVA, 8 A



BY KREETI KHANNA, 9 F

अंतर्राष्ट्रीय योग दिवस

अंतर्राष्ट्रीय योग दिवस भारत समेत पूरे विश्व भर में 21 जून 2020 को मनाया गया। इस दिन गुरुवार का दिन है।

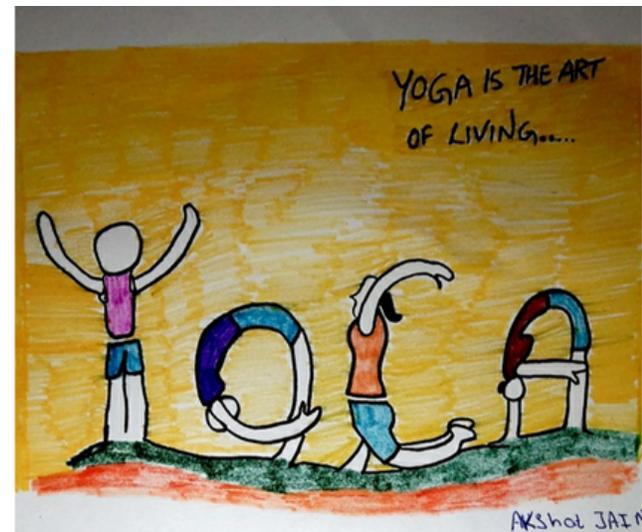
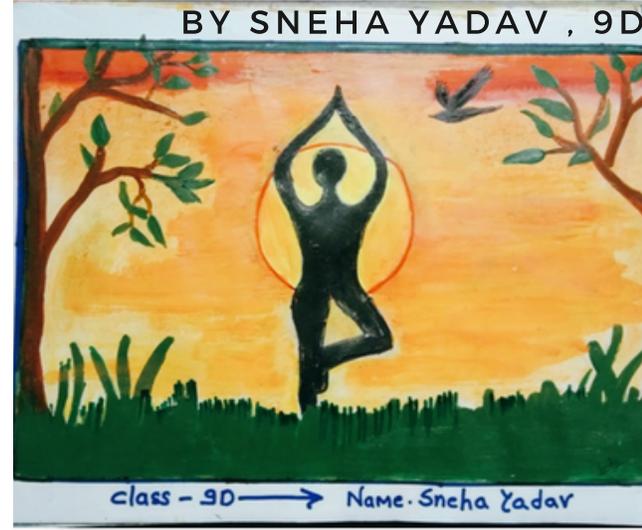
पहला अंतर्राष्ट्रीय योग दिवस 21 जून 2015 में पूरे विश्व में मनाया गया था। भारतीय प्रधानमंत्री नरेंद्र मोदी द्वारा 27 सितंबर 2014 को संयुक्त राष्ट्र महासभा में उनके संबोधन के दौरान अंतर्राष्ट्रीय योग दिवस मनाने की घोषणा हुई थी।

बहुत से लोग हैं जो पूरी उम्र स्वस्थ रहना चाहते हैं। आजकल, लोगों के जीवन को बेहतर करने के लिए फिर से योग का अभ्यास करने की आवश्यकता है। ऐसा करने में योग आपकी मदद करता है। प्रति दिन योग करने से आपका शरीर स्वस्थ रहता है और बीमारियों से भी बचा रहता है। योग के सभी आसनों से लाभ प्राप्त करने के लिए सुरक्षित और नियमित अभ्यास की आवश्यकता है। योग दिवस का हमारे जीवन में बहुत महत्व है।

अगर आप प्रति दिन आधा घंटा भी योग करते हैं तो आपका शरीर

एकदम स्वस्थ रहता है। योग का अभ्यास आंतरिक ऊर्जा को नियंत्रित करके शरीर और मस्तिष्क में आत्म-विकास के माध्यम से आत्मिक प्रगति को लाना है। योग के दौरान श्वसन क्रिया में ऑक्सीजन लेना और छोड़ना सबसे मुख्य क्रिया है। दैनिक जीवन में योग का अभ्यास करना हमें बहुत सी बीमारियों से भी बचा सकता है। योग प्राचीन समय से मनुष्य को प्रकृति द्वारा दिया गया बहुत ही महत्वपूर्ण और अनमोल उपहार है, जो जीवन भर मनुष्य को प्रकृति के साथ जोड़कर रखता है। यह शरीर और मस्तिष्क के बीच सामंजस्य स्थापित करने के लिए, इन दोनों को संयुक्त करने का सबसे अच्छा अभ्यास है।

तनिष्का अरोड़ा, 8 B



BY ASHOK JAIN, 8D



When I was a kid I wanted everything I liked. When I and my family went to any mall my father used to buy all necessary things and I would ask him to buy any fanciful toy. Once I asked my mom to buy me a scooter and she directed me to my father. He initially told me that it's not worth seven thousand rupees and moreover I would not use it for long. I started to cry and finally my father bought that scooter for me. After a few days I started getting bored with it and soon I broke it too. Then I realized the wisdom behind my father's advice. Dad taught me a lesson and said, "Buy things which are really necessary for you and don't waste money for such trivial things." I love my dad and he is my role model and he is my super dad and a best friend. I want to become like him. Happy Father's Day.

BY YUGAL KISHORE, 9D

Who came up with the idea of Father's Day? Her name was Sonora Louise Smart Dodd and she lived in Spokane, Washington. Sonora was the oldest of the six children raised by their father, William Jackson Smart, when their mother died during childbirth. Sonora honored and revered her father, and while listening to a Mother's Day sermon in 1909, she determined that there should also be a day to honour fathers. Sonora gained local support and made her dream a reality one year later within her own city of Spokane, Washington. Sonora married John Bruce Dodd. She died on March 22, 1978, several years after Father's Day became a permanent national observance. In 1910, Sonora chose June 19th as the day to celebrate Father's Day because that was her father's birthday. With support from the Spokane Ministerial Association and the YMCA, the first Father's Day was celebrated in Spokane on June 19, 1910. In 2020, Father's Day was celebrated on 21st June. Truly what Sonora did was a commendable job because it's not just Mother who plays an important role in a child's life but, it's also a Father who is the strongest pillar, giving the child strength and support for life.

Happy Father's Day, Dad.

BY TANISHKA ARORA, 8 B

FATHER'S DAY

BY DHRUV MEHRA, 10B

FABULOUS FATHER,
 ALWAYS PROVIDING
 TEACHING TO BE BETTER AND,
 HEROIC WHEN NEED BE...
 ENGULFING US IN LAUGHTER
 RARELY ONE HAS SUCH A FATHER.
 I AM SO VERY PLEASED TO HAVE THIS CHANCE
 TO SAY,
 I AM SO GLAD A FEW YEARS AGO THEY
 PRODUCED A FATHER'S DAY.
 IT GIVES ME AN OPPORTUNITY TO TELL YOU
 ABOUT MY HEART IN A CARD,
 WHAT A WONDERFUL DAD YOU ARE - YOU
 WORK AT IT REALLY HARD;
 WHENEVER I NEED A HELPING HAND, YOU ARE
 NEVER FAR AWAY.
 DO YOU KNOW WHAT...
 EVERYTHING I DO,
 I WANT IT TO BE MY BEST
 ...JUST LIKE YOU
 I WANT TO GROW STRONGER AND TALLER,
 I WANT TO MAKE PEOPLE LAUGH
 BUT DON'T WANT TO BE SAD,
 I WANT TO BE AT MY BEST
 ...JUST LIKE YOU.
 I WANT TO LOOK AFTER MY POP AND MOM
 I WANT TO WORK HARD
 TO MAKE MY FAMILY GLAD
 ...JUST LIKE YOU
 AND SOMEDAY I WANT TO...
 BE YOU
 ...JUST LIKE YOU
 AT LAST...
 I JUST WANT TO LET YOU KNOW
 YOU MEAN THE WORLD TO ME.
 ONLY A HEART AS DEAR AS YOURS
 WOULD GIVE SO UNSELFISHLY,
 THE MANY THINGS YOU HAVE DONE.



BY DIVYA SHARMA , 11 B

ALL THE TIMES YOU WERE THERE
 HELP ME KNOW DEEP DOWN INSIDE
 HOW MUCH YOU REALLY CARE.
 EVEN THOUGH I MIGHT NOT SAY
 I APPRECIATE ALL YOU DO...
 RICHLY BLESSED IS HOW I FEEL
 HAVING A FATHER JUST LIKE YOU...

पितृ दिवस

अनुष्का, 8 B



कुबेर तो नहीं,
कुबेर सा खजाना हैं पापा।
आसमान तो नहीं,
आसमान सा छत हैं पापा।
पहलवान तो नहीं,
पहलवान से रक्षक हैं पापा।
खुदा तो नहीं,
फिर भी हर ख्वाहिश पूरी करते हैं पापा।
गौतम बुद्ध तो नहीं,
फिर भी हर गलती की माफी देते हैं पापा।
महर्षि दधिची तो नहीं,
फिर भी हमारे लिए अपने सुख त्यागते हैं पापा।
जज से हैं,
फिर भी फैसला नहीं सलाह सुनाते हैं पापा।
जेलर से हैं,
फिर भी सजा से नहीं प्यार से समझाते हैं पापा।
शुभ पितृ दिवस।



पिता

दीवजा वाधवा, 11 D

लोग कहते हैं , मेरी किलकारियां सुन
 उसकी खुशी का ठिकाना नहीं था,
 मानो इस अनजान सी दुनिया में अब
 उनका कोई बेगाना नहीं था।
 मेरे कदमों में अपने सर को झुकाया था,
 मानो उनके लिए घर में
 लक्ष्मी का एक रूप आया था।
 माँ कहती हैं कि अक्सर काम से जल्दी
 आ जाते थे ,
 वो भी एक वक्त था जब पापा प्यार
 जताया करते थे ।
 अब तो मानो झिझकते हैं ,
 पर हर सुबह यह अहसास कर कि मैं
 नींद में हूँ मेरा माथा चूम जाते हैं।
 और शाम को मैं पूछूँ तो हर बार इंकार
 कर दिया करते हैं।।

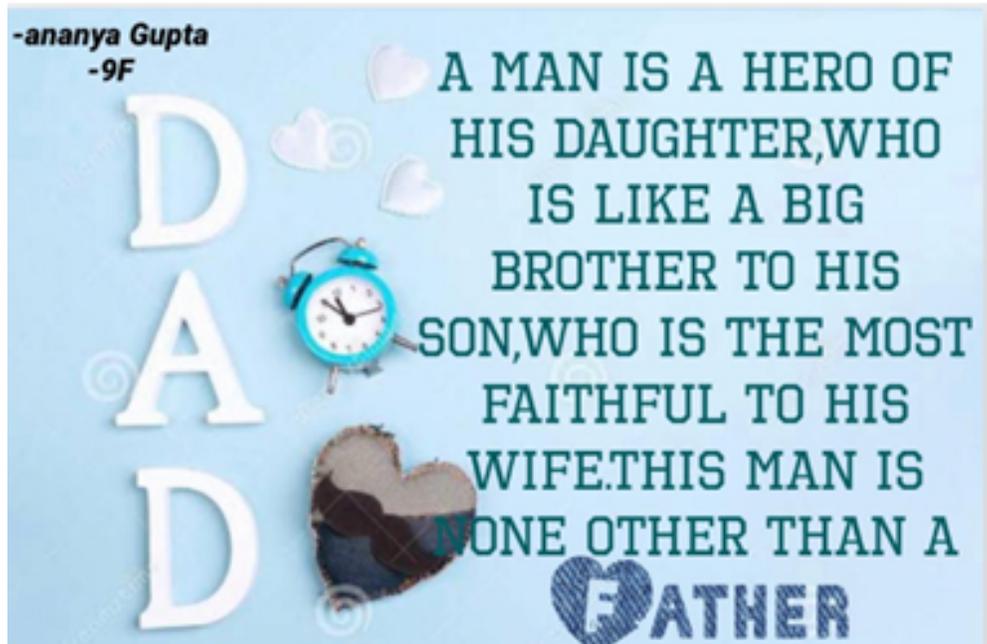
आज भी सड़क पर चलते समय मुझे
 अंदर की तरफ रखते हैं ,
 और सड़क पार करते वक्त मेरा हाथ
 कस कर थाम लिया करते हैं।
 मेरी खुशियाँ मानो उनका दर्द कम कर
 देती हैं,
 मेरी हर मुसकान जैसे उनका हर दर्द हर
 लेती हैं।
 मेरे हर सपने को उन्होंने अपना बनाया
 हैं,
 सच बोलूँ तो मुझे राजकुमारी की तरह
 सजाया हैं।
 हर छोटी बात पर मुझसे लड़ते ज़रूर हैं,
 पर सच बात तो यह है कि वे एक ही तो
 हैं जो मुझे खोने से डरते हैं।

पिता का स्नेह

हरजस मल्होत्रा, 10C

प्यार का सागर ले आते
 फिर चाहे कुछ ना कह पाते
 बिन बोले ही समझ जाते
 दुख के हर कोने में
 खड़ा उनको पहले से पाया
 छोटी सी उंगली पकड़कर
 चलना उन्होंने सिखाया
 जीवन के हर पहलू को
 अपने अनुभव से बताया
 हर उलझन को उन्होंने
 अपना दुख समझ सुलझाया
 दूर रहकर भी हमेशा
 प्यार उन्होंने हम पर बरसाया
 एक छोटी सी आहट से
 मेरा साया पहचाना
 मेरी हर सिसकियों में
 अपनी आंखों को भिगोया
 आशीर्वाद उनका हमेशा हमने पाया
 हर खुशी को मेरी पहले उन्होंने जाना
 असमंजस के पलों में,
 अपना विश्वास दिलाया
 उनके इस विश्वास को
 अपना आत्मविश्वास बनाया
 ऐसे पिता के प्यार से
 बड़ा कोई प्यार न पाया।





A FATHER

BY HARSHITA SETHI, 8A

We all know that the day we come in this world, the first person we meet is our mom. The second person we meet is our dad. Some of us might think that our dad keeps scolding us, but everything that he does is for our safety. We should all thank our dads for the sacrifices for making our life full of happiness. If you ask something from your dad which is not good for you, at that moment he may say no but you will realize later that he said it for your wellbeing. Every father wants his/ her child to be safe. And it's our duty to care and always respect every family member including our father.

Happy Father's day.

MY FATHER, MY FRIEND

BY SAHANA ARUN KUMAR, 8 C

For my father, my friend,
This to me you have always been.
Through the good times and the bad,
Your understanding I have had.
A gentleman at heart,
This sets you apart
From the others I've seen.
You mean so much to me.
The laughter we have shared
Cannot be compared.
The tears I have shed,
As you lovingly nodded your head.
You have always been there,
With a smile and a hug,
A precious gift from God up above.
The times when I've been down and sad,
You gave me strength to carry on,
Even when all hope seemed to be gone.
The lessons in life that I have learned
Are from your genuine love and concern.
With deep appreciation for all you have done.
You, Dad,
Are my number one.
Happy Father's Day, Dad!



OH DADDY!

BY ANJALLI JAIN, 10E



When I was born, I could see you there,
Oh daddy! Your eyes were full of tears.

When I became two,
I shouted. "Oh daddy! I can't tie my shoe!"

When I turned five,
I exclaimed, "Oh daddy! Thank you for giving
me such a beautiful life!"

When I turned eight,
Oh daddy! You taught me never to hate.

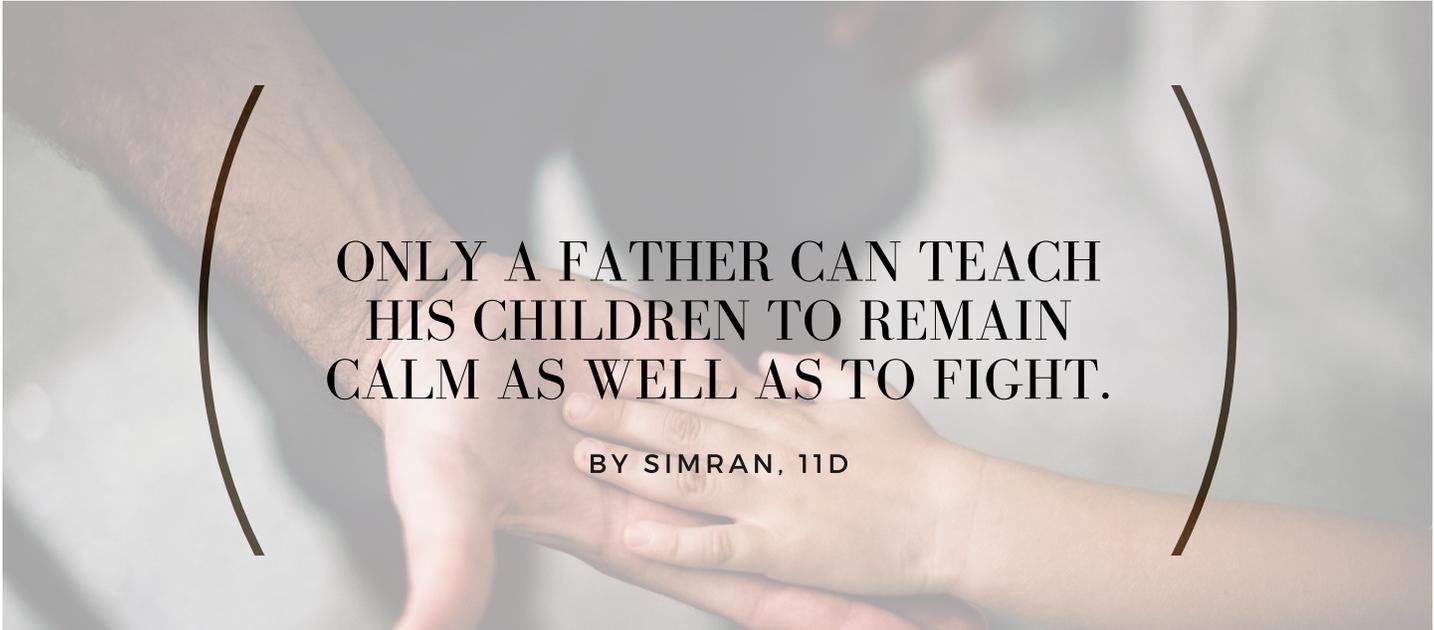
When I turned twelve,
You, like always, provided me with everything
without even thinking about
yourself.

Now when I am fourteen,
Oh daddy! I am glad that you are still the same
you always had been.

Thank you for handling my tantrums,
And advising me whenever I acted dumb.
Thank you for always protecting my feet,
From the scorching heat.

I will always love you the way you loved me,
HAPPY FATHER'S DAY TO MY DEAR DADDY!





ONLY A FATHER CAN TEACH
HIS CHILDREN TO REMAIN
CALM AS WELL AS TO FIGHT.

BY SIMRAN, 11D

GRATEFUL TO HAVE YOU AS MY DAD

BY NAVYA, 8 B

I hope you know I'm grateful,
And my heart is truly glad,
That today and every single day,
I have you as my Dad.
Lucky Me and Mommy
Daddy I want to let you know,
How lucky Mommy and I are,
Because when it comes to
daddies,
You really are a star!
My friend

You'll always be my first true
love,
And always be my friend,
Happy Father's Day my dear
papa,
I'll love you till the end.
One And Only Dad
You have given me
The best I know you've had,
So I wish you the best this
Father's Day,
My one and only Dad.

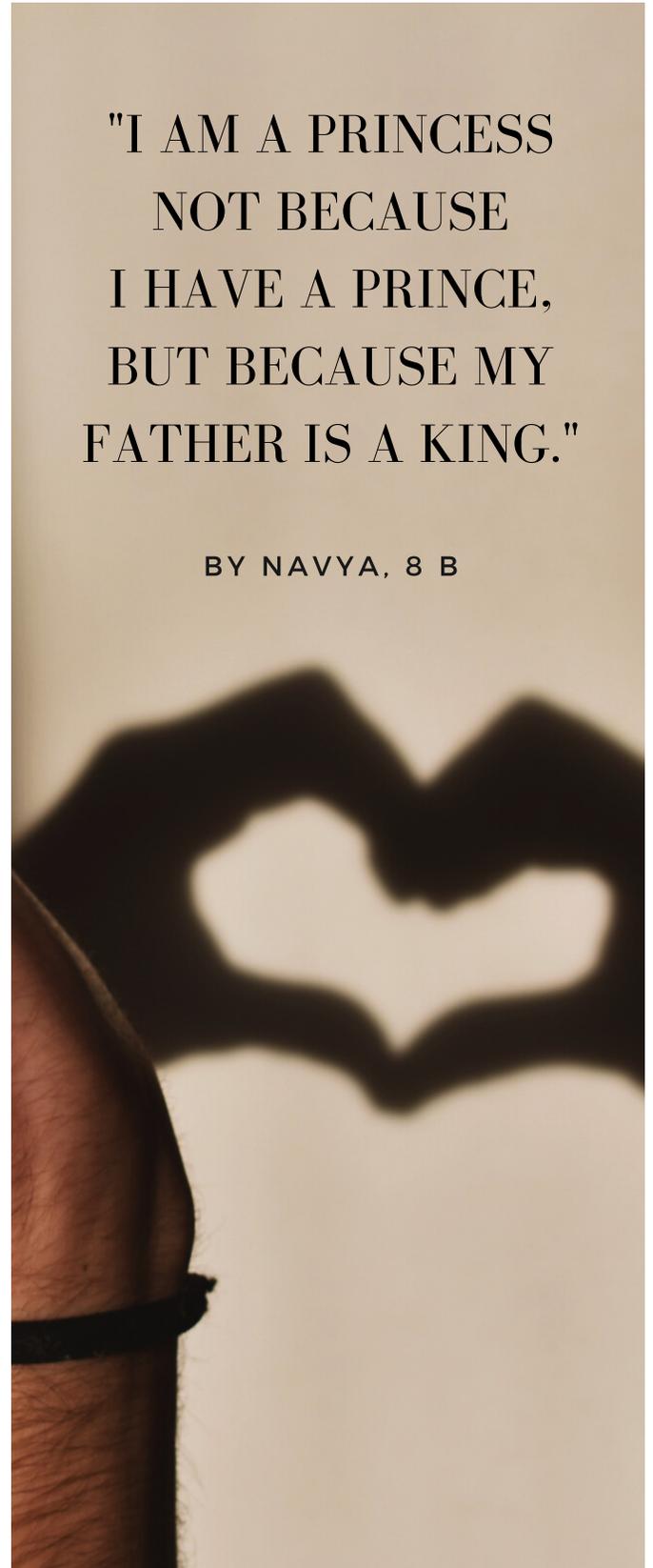
ON FATHER'S DAY

BY VIDUSHI JOSHI, 10 E

You never said I'm leaving,
 You never said goodbye
 You never told and made me
 cry,
 And only God knew why.
 A million times I needed you,
 A million times I cried
 If love alone could
 Have saved you ,
 You never would have died.
 In life I loved you dearly
 In death I love you still
 In my heart you hold a place ,
 That no one could ever fill.
 It broke my heart to lose you,
 But you didn't go alone
 For a part of me went with you,
 The day God took you home...

"I AM A PRINCESS
 NOT BECAUSE
 I HAVE A PRINCE,
 BUT BECAUSE MY
 FATHER IS A KING."

BY NAVYA, 8 B





बादल चौधरी, 10 C

हमें छांव में रखकर
खुद जलते रहे
धूप में
हमने देखा है एक फ़रिश्ता
अपने पिता के
रूप में।

इस संसार में सिर्फ़ एक ही ऐसा व्यक्ति है जो सूरज के समान है और वो है पिता क्योंकि सूरज गरम तो ज़रूर होता है पर ना होने पर अंधेरा छा जाता है। इन्हीं कर्तव्यनिष्ठ व्यक्ति के हम सब के जीवन में योगदान को स्मरण करने का दिन है- पितृ दिवस।

पितृ दिवस प्रत्येक वर्ष जून के तीसरे रविवार को मनाया जाता है। हमारी संस्कृति हर तरह के सद्दिचारों और मूल्यों का स्वागत करती रही है और इसलिए पितृ दिवस को भी हम एक अवसर के रूप में मनाते हैं। इस वर्ष पितृ दिवस २१ जून को है।

एक बच्चे के बचपन से लेकर उसकी सफलता के शिखर तक पहुँचने में एक प्रत्यक्ष और अप्रत्यक्ष योगदान हमेशा रहता है उसके पिता का जो अपने बच्चे की छोटी सी कामयाबी पर खुश तो होता है पर अक्सर दर्शाता नहीं। पिता वो है जो अपने बच्चे से प्रत्येक खेल में हारकर भी मुस्कुराता है और अनेक बार जान-बूझकर खेल हारता है।

पिता वो है जो अपने बच्चे को कोई कमी महसूस नहीं होने देता। पिता नीम के वृक्ष के समान है जो कड़वे तो ज़रूर होते हैं पर ठंडी छांव प्रदान करते हैं और पिता की ये कठोरता ही उनके बच्चे की कामयाबी के सफ़र की रीढ़ होती है। पितृ दिवस पिता के अनंत संघर्ष को सम्मानित करने का और उनके सपनों को पूर्ण करने की शपथ लेने का दिवस है क्योंकि पिता को अपनी सफलता से ज़्यादा अपने बच्चे की सफलता का गुरुर होता है। पिता वो हैं जिनका व्याख्यान करने के लिए शब्दों का चयन करना कठिन है।

सही ही कहा है
किसी ने पिता के बारे में:
पिता रोटी है, कपड़ा है, मकान है
पिता नन्हें
से परिंदे का खुला आसमान हैं
पिता है तो घर
में प्रतिपल राग है
पिता से माँ
की चूड़ी, बिंदी और
सुहाग है
पिता है तो
बच्चों के सारे सपने हैं
पिता है तो
बाज़ार के सब खिलौने अपने हैं
सब खिलौने अपने हैं.....

JOKES

BY AKSHAT JAIN, 8D & SANIDHYA SINGH, 8 C



Santa: Oye, what are you doing?
Banta: Recording this baby's voice.
Santa: Why?
Banta: When he grows up I shall ask him what he meant by this.

Student: Teacher, would you punish me for something I didn't do?
Teacher: No.
Student: I didn't do my homework.

SIR :- One day I will become the principal of this school .
Which tense is this ?
STUDENT :- Future impossible tense

SIR :- Tell me an example of a creature that can live on water as well as on land .
STUDENT :- Frog
SIR :- Another example
STUDENT :- Another Frog



Wife: Had your lunch?
Husband: Had your lunch?
Wife: I am asking you.
Husband: I am asking you.
Wife: Why are you copying me?
Husband: Why are you copying me?
Wife: Let's go for shopping.
Husband: I had my lunch

KID (TO ME) :- What is stress ?
I locked him in a room with a high speed internet and 1% battery



PARALLELS BETWEEN ANNE FRANK AND US

BY FEMI GRACE, 11 C

761 days spent in a tiny 450 sq ft annex, with 8 people inside. A small beam of light or even the slightest of a sound could have invited danger to all of them. Anne Frank, an epitome of resilience and optimism, spent two years of exuberant adolescence in a horrendous confinement, something one would've never wished to happen with themselves. Now a question pops in. "Aren't we experiencing the same situation right now?" I would say yes, we are and no, we're not. If we compare both the situations in the isolation aspect, yes Anne Frank was confined to the annex and we too are stuck in our homes, unable to move out. In both the situations, a deadly illness is a common cause. One is a figurative sickness, a draconian ideology of Nazis to wipe out a whole human race; Jews. The other is a literal sickness; coronavirus, a fatal disease which has crippled the whole humanity right now. Another similarity is a psychological outlook. Anne Frank was a teenager, just like most of us, restricted to one place for months, schools closed, not meeting friends for a long time, an uncertain future ahead. Lastly, both the situations were, and are going to be written in history. But comparing everything with her would be offensive.

Frank literally spent 25 months in a clandestine hiding, barely able to move, living everyday of monotonous life unable to even talk to anyone. We can, if not meet face to face, at least be in contact with everyone and do whatever we want sitting at home, thanks to technology! Telecommunication from home could flatten the curve, but Anne Frank lived in a place of terrorists, who were determined to flatten the whole Jew population! Our situation right now is incomparable to what she went through. Practicing social distancing to prevent the spread of a deadly virus is not at all similar to being forced into hiding to avoid the threat of a genocide. Anne Frank would've turned 91 on June 12th this year if she was alive. A perfect example of grace and gratitude, she taught us the urgency of positivity and the futility of fear during adversity. But most importantly, she taught us to "think of beauty all around us and be happy." She may be physically be no more, but she still remains immortal through her book, giving inspiration to the world. Do not be paralyzed by fear. Find happiness in everything, just like she did. We'll get through this! Peace out!



REMEMBERING ANNE FRANK ON HER BIRTHDAY...

BY AVNI GUPTA, 8A

Anne Frank, the most inspiring teenager's birthday comes in June! She was one of the Jews who was hiding from the terrible rule of Nazis. She was born on 12th June, 1929 in a Jewish family. She lived with her father, Otto Frank; mother, Edith Frank and her older sister, Margot Frank. She was the youngest one in her family. In 1941 she lost her citizenship when she was 11 years old. On her 13th birthday, she received a diary from her father. The diary became her new best friend. She used to write all her feelings in her diary and called it 'Kitty'. Unfortunately, in the same year, she and her family went into hiding because they were called to join a concentration camp where Jews were kept in large numbers in terribly unhygienic conditions. She and her family used to hide in concealed rooms behind a bookcase in Otto Frank's office. Her family was also helped by some non-Jew employees that used to work in the office. She also lived with another Jewish family and Jewish dentist. She felt dejected and lonely living in concealed rooms and would write her diary every day and would express her feelings. But unfortunately, they were arrested by Nazis in 1944. She and her sister went to Auschwitz to Bolson concentration camp. In 1945, she died at the age of 16. After World War 2, the rule of Nazis came to an end and all Jews were released. The only survivor of the Frank family, Otto Frank went to Amsterdam after the war to find his daughter's diary.

It was kept safely by his secretary. He published the diary and it became world famous. In 1952, her diary was translated into English.

At this young age, she experienced many things in life and also learnt many things in her life. She even said that, in spite of everything she faced, she will forgive everyone in her life as she believed that people are really good at heart. This is the power of bravery. Forgiveness is the most important quality in a brave person. Just, imagine! Hiding 24 hours without making any noises, without any technology and light, without going out would have been so difficult for her and her fellows.

Nowadays, we are also facing a similar situation. We are living in our house to protect ourselves from Covid-19. But the difference is that we can do anything at any time in our houses. Some people rather than learning new skills and being creative, they spend their time doing nothing. They should know that they can show what their passion is. They can spend their time productively. We must learn a lot of things from Anne Frank's life.

I'll conclude by saying one of her famous quotes, "Whoever does not know it must learn and find by experience that a quiet conscience makes one stronger".



WHAT JUNE MEANS TO CHILDREN?

BY SHRISH KUMAR SINHA, 10 E

June appears to be a month for many children to enjoy their holidays. But it is the month that seems to get over soon. It may seem so because we do not feel any burden of work. Some may be dealing with curricular activities, but the most common thing that their minds may force them to do is to complete their homework. However, most of us delete the idea of studies and get engaged with our best friend, the MOBILE. Since web series are also in trend, many utilize their time watching it. But in the following month, the work criteria changes automatically. Almost everyone [who is interested in studies] panics.

Many seek help from their friends and start their work by copying from others. Many of us forget the main use of our mind. It is important for us to realize that "Homework doesn't consist of only marks but also of a responsibility/duty which is the same as if a person is doing a job."

According to me, the motive of schools, which is to make us 'responsible', is absolutely right, but the way of attracting us towards the same is not. At the end, I would say that this issue can be resolved by interactive classes in which even the least interested get engaged.



BY GRETTAL MARIA, 12 A

Climbing trees, catching fishes,
 Munching grandma's dishes,
 Playing with our little cousin,
 Stealing ladoos from the jars of tin,
 These were our vacation plans,
 I was fully prepared this time to dance,
 But everything shattered on account of corona,
 Due to this virus, we couldn't meet Mona,
 Loneliness haunted me like hell,
 Sometimes I just wanted to yell,
 To tell the world, I miss my school,
 Passing tiffins used to be so cool,
 Fights, fun, pranks missing everything,
 During games, we all used to sing,
 Inside my house I was locked,
 Nowadays no one used to knock,
 Seeing my gloomy face mom understood,
 Made some plans whatever she could,
 Watching movies late night,
 Sometimes my brother held my hand tight,
 Cheating while playing chess,
 When I lost, I made it a mess,
 My first preparation was dalgona coffee,
 And last one was chocolate toffee,
 Spending time with family was really fun,
 To take things from my brother, I had to run,
 Life became my greatest teacher,
 I realised that even humans are a creature,
 Spending lockdown was really new,
 For teaching me so many things,
 CORONA, a big thank you!



BY RIDDHIMA SHARMA, 12 A

Today I went out of my room,
 And saw my housemates are quite cool.
 One calls herself Mom, Other is called Dad,
 They both together raise two rats.
 They looked at me as if I was an alien,
 I am sure I lived in the same planetarium.
 The reason I went out of my comfort zone,
 Was to abduct some snacks.
 Also, the wifi stopped working,
 I had to check that.
 Soon I had a zoom class,
 Microphone was mute camera was off.
 I started to miss my classroom,
 And the chats in the corridor.
 I heard the news, the lockdown was soon ending,
 No one said that the virus had been killed.
 I don't know how will the things work,
 Sure extroverts will get back to their turf.
 Introverts searching for a new excuse,
 I don't think I remember the route.
 Where is my school? Where is the mall?
 I would have forgotten my friends
 face if not for zoom call!
 After this ends,
 Please ask me to hang out.
 I swear I regret making excuses saying
 "Mum said not to go out"
 Just like that, another day goes,
 Eat, sleep, Netflix and the cycle repeats.
 To all those seniors in lockdown,
 Missing their last hurrah.
 We are serving a purpose by staying at home,
 Don't forget classes are online,
 And the semester goes on....

THE TIME HAS COME



BY ADITYA MITTAL, 8C



The time has come
For which students wait.
Holidays that they love
And studying they hate.
The times for making
New friends in the colony,
Not going to school
Saved from teacher's tyranny.

Cool drinks in summer
To drink and have fun,
While parents sit at home
To the parks, the kids run
Not listening to parents.
Asking them to avoid sun,
While holiday homework
IS ALWAYS LEFT UNDONE.



ROAD TRIP

BY KARTIK SAINI, 11 F

One day I went on a reminiscent road trip,
And my eyes closed and the journey began on
its own.

No maps were required to find the way,
Only my imagination was the guide with me
While travelling I recognized some moments of
school life

Sitting in the backseat of my class
And lost in my own world and thoughts,
And thinking about my friends and parents but,
Some say I am lost
Some say I am cherished
But I remain in my mind, and keep myself safe
And the passion for life that grew
Remains fragrant tears in my eyes ,
They were and I am, still real to me,
But my thoughts are more about concern for
me
About my ambition in life
My mind explores more and more
Till I reach the goal.

I wish that I could be still like this forever ,
But it can happen never ...

Something hits my head
And I found my teacher beside my desk .
Someone honked at the back of my car
And I came back from, my deep imagination

But I wish I could be still like this forever
But it can happen never
But it can happen never...





What you do
speaks so
loud that I
cannot hear
what you say.

R A L P H W A L D O E M E R S O N

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